

Inspire and Include

Family Business

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Trustee of International Swaminarayan Hindu Temple

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Trustee Mental Health Foundation

Chair of Indian Ink

Member of NZ Police Commissioner Ethnic Forum

Koi Tu – Auckland University Guardian of the Future

All these people really seem to have it together,
and I still have no idea what's going on.



My Journey

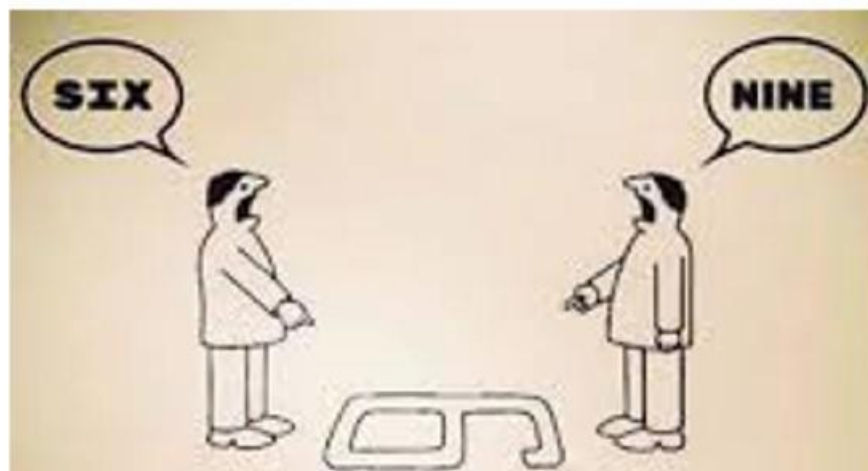


Began as a single practice in Otara in 1977...

Tāmaki Health







Just because you are right,
does not mean, I am wrong.
You just haven't seen life
from my side.

Now the largest independent health provider

Tāmaki Health

50 Clinics

330k
Enrolled
patients

Exclusive
PHO

Betr- first
virtual
platform

24 hour
access

450k
casual
patients

1200 Staff

250
Doctors

Support
services

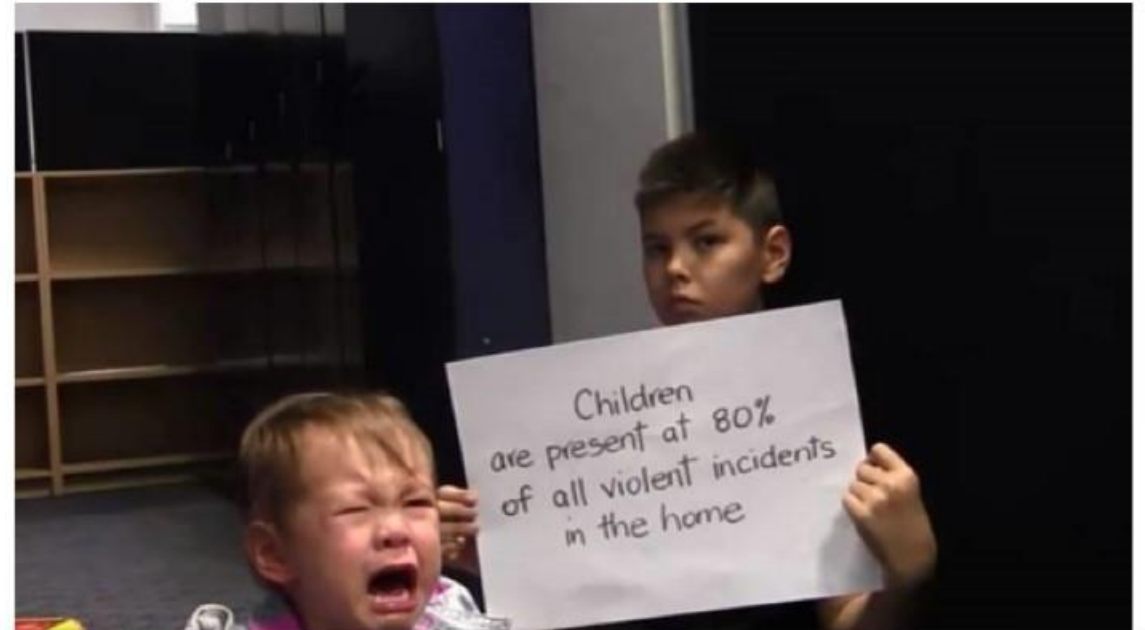
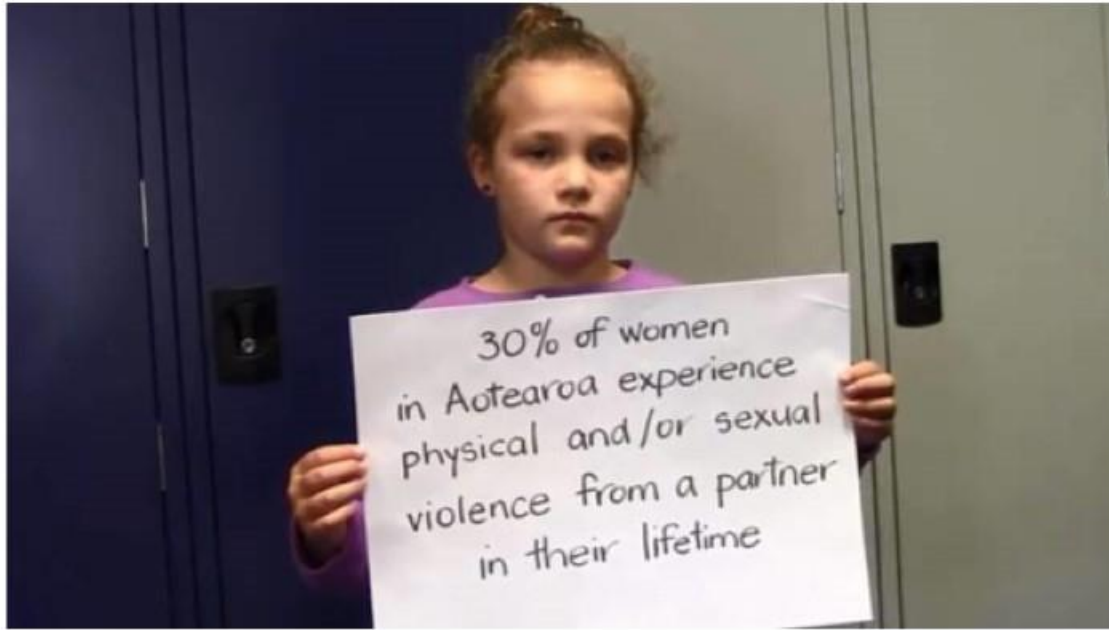
4000
patients
per day

Positive quotes



THERE WILL BE
HATERS, THERE WILL
BE DOUBTERS,
THERE WILL BE
NON-BELIEVERS, AND
THEN THERE WILL
BE YOU, PROVING THEM
WRONG.





Police spend 45% nationally on Family Violence call outs - some areas like South Auckland , it is 55-60%

Every 4 minutes Police are called to a Family Violence incident

Why as women do we tolerate 'Victim Mentality "



Gandhi Nivas

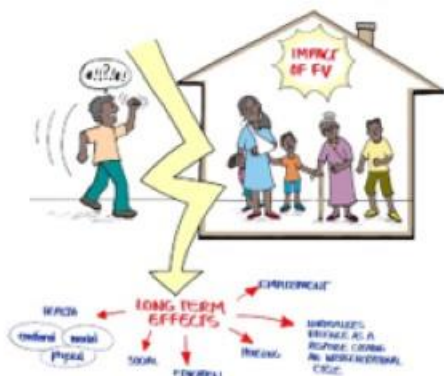
Serving our families

Restoring hope. Empowering change



It offers free counselling, emergency housing, and referral to social services and more than 6000 families of 19 ethnicities have been helped from three homes in Tamaki Makarua

FAMILY VIOLENCE



- NEEDS!**
- ★ REDUCE RISK FOR ALL FAMILY MEMBERS
 - ★ KEEP INDIVIDUALS SAFE
 - ★ CHANGE BEHAVIOUR THROUGH COUNSELLING SERVICES
 - ★ REGAIN SELF RESPECT
 - ★ EARLY INTERVENTION & SUPPORT
 - ★ EDUCATE ABOUT THE IMPACT OF FV & BUILD READINESS FOR CHANGE
 - ★ REDUCE REPEAT OFFENDING
 - ★ COST EFFECTIVENESS
 - ★ COMMUNITY BUY-IN
 - ★ EVIDENCE BASED APPROACHES



OBJECTIVE

To provide early intervention & prevention services to people identified as at risk of committing family violence in order to help them change their behaviour, reduce the likelihood of family violence & increase safety for families.



Putting the victim first by ensuring they stay in their own home.

INITIAL RESULTS

Gandhi Nivas was originally established for South Asian men.

With ongoing need from all communities, we took action to increase police awareness of services.

All officers were introduced to work through the house.

12 MONTH EVALUATION



TOTAL INTAKE
DECEMBER 2017

105 MEN

INTAKE

-----> OUTCOMES

BACKGROUND

47% had police records of them, 60% had no record of FV but other offences indicating or associated with FV - eg: alcohol, trespass, sexual or being in court-

FV OFFENCES

- 12 month prior to intake:
- 16 men committed 33 offences
- after intervention:
- 7 committed 14 offences
- A decrease of 57%

ANOTHER SAMPLE OF OFFENCES

- across all years prior to intake, the average / year = 2.2
- post intake, the average = 2

- A decrease of 81%

INTERVENTIONS

47% of men referred to Gandhi Nivas had intervention within 24 hours.

93% of clients have not been involved in another FV incident, even though 32% had FV offences before or at the time of intake.

The 7% of men who offend after coming to Gandhi Nivas all refused to engage with services.



EARLY INTERVENTION & REDUCING OFFENDING

- Accommodating 12 people, with sleeping facilities & basic parking
- Secure & open 24/7
- On site social worker
- Counselling / meeting room
- 5 day maximum stay

RESISTANCE

depending on individual needs & circumstances

COUNSELLING

family/whānau counselling
gender counselling support options

PARTNERSHIP

Community, public & private
- Shared responsibility & funding model

support
- ongoing peer support group
- 24 hr crisis support
- safe family

REFERRAL PROCESS

- Enquiry call from Police (eligibility & availability)
- Police bring client to Gandhi Nivas & fill out referral form
On site social worker gets relevant information about the incident
- Client checks in & receives orientation, house rules are explained
- Needs assessment is completed
- A counselling appointment is set & there is a coordination with the solicitor
- Assessment/ referral depending on needs & circumstances
- LMO, Insh, CNE, OI support involving Sole Man, Sole families, etc
- Client's family are contacted at home & offered counselling & support



What's what we do

New month will be home during evaluation

from July 2017 police referrals increased & all offences were limited





Gandhi Nivas

Serving our families

Developing culturally specific early intervention community collaboration
for men bound by Police Safety Orders in Counties-Manukau

Study Two

Interviews with stakeholders: A preliminary discussion on interview themes



Tony Mattson, Mandy Morgan, Leigh Coombes
School of Psychology

Gandhi Nivas – at the heart of the research

- ***Gandhi Nivas is a part of who we are*** - 10/96-7
- ***There's a lot of heart that has gone into building [this place]*** - 10/105-106
- ***There's been a lot of commitment even from early days of set-up on limited budget*** - 11/11-6
- ***you have got one of the largest health providers in Auckland, a woman that is one of the most recognized Asian leaders in New Zealand, you've got a government organisation which is the New Zealand Police that are actively sending referrals through . . . there's some really big players that are involved in this*** - 13/374-5

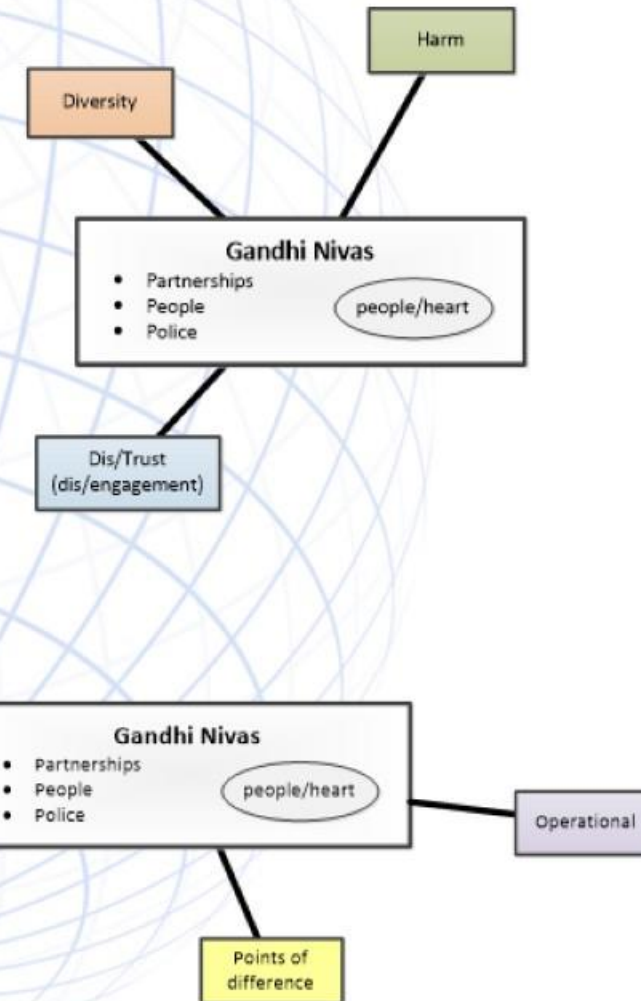
Five key themes

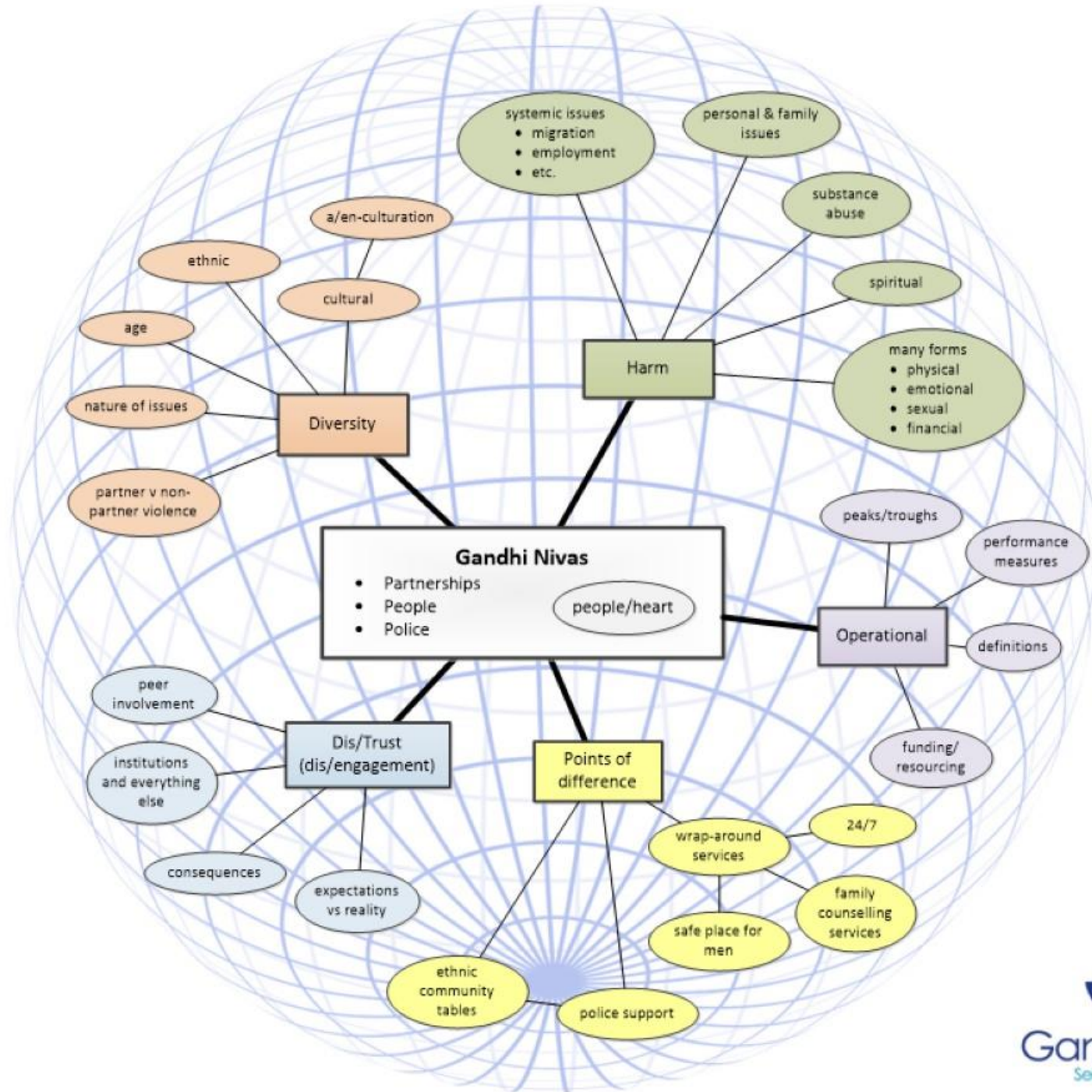
First 3 themes relate particularly to men and their engagement with GN:

- harmful activities that bring men into contact with Gandhi Nivas
- complexity of cultural engagement, and
- trust and distrust in the process of engagement

Remaining 2 themes reflect GN's locatedness in the community

- points of difference between Gandhi Nivas and other social service providers
- operational concerns





MEN'S EXPERIENCES:

★ LEARNING

- About what ABUSE is - physical, emotional & psychological
- About the LAWS in NZ relating to domestic violence
- Understanding the RESULTS OF ACTIONS
 - about what my partner / wife / family is really thinking & feeling

★ HELP

- This is a good organisation that will help men - especially someone who doesn't have family here & no support
- This house is really nice, otherwise where would I go?

I think all men are searching for connections - for a sense of belonging



Men who resided at Gandhi Nivas & experienced services provided by Sahaayta found:-

You remake yourself. That's what this house is for.

★ ABILITY TO CHANGE

- It's about talking & understanding & remaking yourself
- These guys are trying to help me, calm me down & turn my life around
- I'll never turn back

I respect the way they've shown generosity towards me

★ CONNECTION

with other men

- I started to have an understanding about what we are all searching for & that we share the same sorts of difficulties
- We shared stories - we've had the same sorts of issues, experiences & feelings
- We all learned from each other - it's a collective wisdom
- We are connected. We're not alone.
- Sharing experiences & feelings has helped me understand what I need to change

WOMEN'S EXPERIENCES:

★ HELP

- It was extremely helpful for them to LISTEN, & really UNDERSTAND my situation/ what I was going through
- She guided me through the LEGAL situation... going to a lawyer
- They were really helpful in EDUCATING me
- They called the POUCE ... and I'm happy they did
- I can TALK to them if I need help or anything

★ TRUST

- I felt very safe talking to the people at Sahaayta because I knew that things were **CONFIDENTIAL**

All women & mothers out there can take charge.

- have a voice

★ CARE

- They cared, they really cared

I knew they understood - they deal with such circumstances all the time



Wives, partners & mothers supported by Sahaayta when men in their families were referred to Gandhi Nivas found:-

★ ENCOURAGEMENT

- She encouraged me a lot
- She gave me so much confidence.
- She really picked me up from where I was, & so I'm able to do some work today.

★ SUPPORT

- I feel good that there's someone who's there for support
- I know someone is there for me... I am not alone
- It's not just emotional support, it's a practical thing.

★ RESPECT

- The way she spoke & explained things, she was able to get my husband's ears. That was very important. she kind of earned his respect.

I'm living a wonderful life with my kids. I'm thinking about the future of what I want

- Reduce the escalation of family violence through early intervention
- Provide temporary housing (24/7) & free counselling & social services
- Provide full wrap around service for whānau

MASSEY UNIVERSITY
UNIVERSITY OF NEW ZEALAND

RESEARCH

How many clients were family violence offenders before & after arriving at Gandhi Nivas?

Did client non-offending change over time after intervention?

Analysis of 812 clients [from 2014+2018] against Police records

A COMMUNITY COLLABORATION

BEFORE

EARLY INTERVENTION CLIENTS

495 CLIENTS
- 362 prior offences
- 133 no offence records

252 CLIENTS
- 142 prior offences
- 110 no offence records

EXTENDED INTERVENTION CLIENTS

72 CLIENTS
- 63 extensive prior offences
- 9 no prior offences but multiple violent occurrences

38 CLIENTS
- 38 excessive prior offending



Temporary accommodation open 24/7 - whenever needed
Immediate & free counselling & social services

AFTER

DECREASE IN OFFENDING

45.58%

36.62%

36.51%

44.74%

CONTINUED NON-OFFENDING

69.2%

57.27%

55.56%

(No non-offending prior)

Core Gandhi Nivas client group

Hard core offenders

KEY CONCLUSIONS

SUMMARY
In each group there was a decline in offenders & reoffenders



RE-OFFENDING
All client groups had a substantial decrease in re-offenders of at least 52%

OFFENCE RECORDS
all client groups had an increase in the number of non-offending clients after intervention & in the PSO groups the number of non-offenders more than doubled.

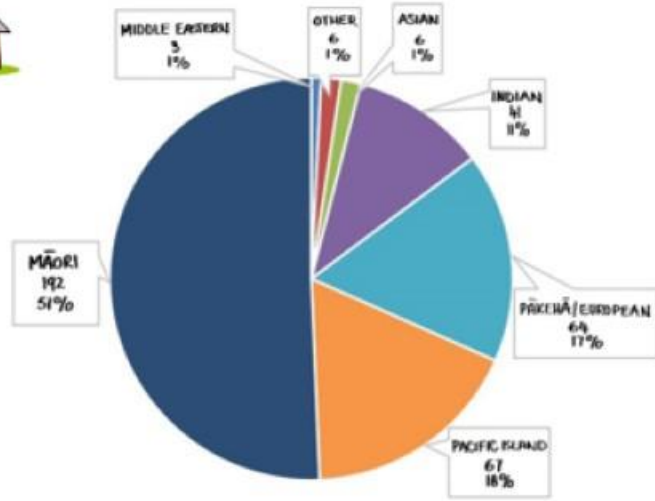


Sixth Family Violence Death Review
"A Police Safety Order does not change behaviour unless we find a way to support."



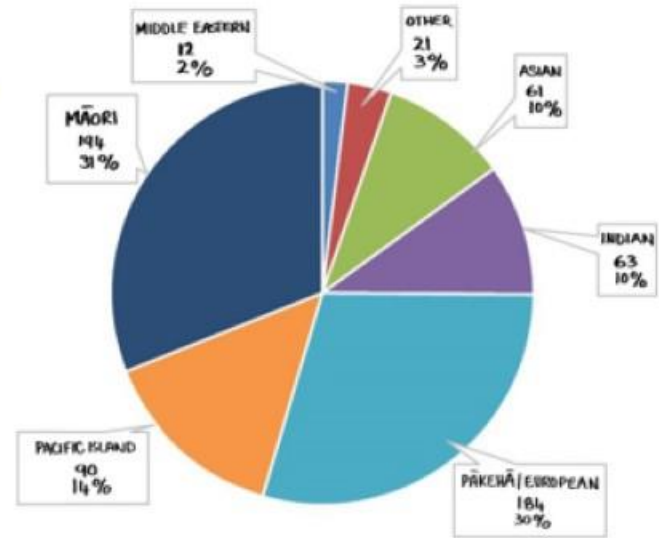
PAPAKURA

TOTAL INTAKE STATISTICS BY ETHNICITY GROUP



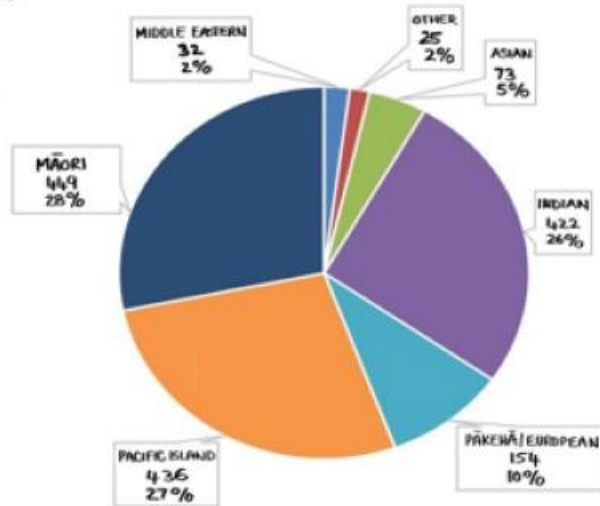
TE ATĀTŪ

TOTAL INTAKE STATISTICS BY ETHNICITY GROUP



ŌRĀKAU

TOTAL INTAKE STATISTICS BY ETHNICITY GROUP



Support system



Positive quotes

SOMETIMES YOU WISH IT WAS EASIER, BUT IF IT WAS, EVERYONE ELSE WOULD DO IT, THEN YOU REMEMBER YOU **DON'T WANT TO BE LIKE EVERYONE ELSE.**



If you think you are too small to make a difference try sleeping with a mosquito- Dalai Lama



People don't care how much you know, until they know how much you care

People may forget your name BUT they will never forget how you made them feel



The image features a quote by Audrey Hepburn set against a background of vertical brushstrokes in shades of red, pink, and yellow. The text is arranged in four lines: the first two lines are in large, bold, dark blue letters; the third line is in smaller, dark blue letters; and the fourth line is in large, red, outlined letters.

NOTHING
IS IMPOSSIBLE,
EVEN THE **WORD** ITSELF SAYS
"I'M POSSIBLE"!

-AUDREY HEPBURN



Are you **listening**,
not merely with your **ears**,
but with a mind that really **wishes**
to understand,
if that is the state of your mind,
then I think we have
communicated with each other,
otherwise you will be left with a
lot of words.

Wise words from Philosopher Krishnmurthy

THANK YOU

